



# Multiplier Event for the project CUT! Preventing alcohol abuse among pre-adolescents

### Kilkis, Greece

17/04/2024

# Signature of participant

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### Multiplier Event for the project "CUT! - Preventing Alcohol Abuse among preadolescents"

Kilkis, Greece

17/4/2024

## Minutes

### Participants

VEZYRTZOGLOU MARINA / SECONDARY SCHOOL OF POLYKASTRO AMOIRIDOU ELISAVET / 2<sup>nd</sup> PRIMARY SCHOOL OF KILKIS AMOIRIDIS ILIAS / 2<sup>nd</sup> VOCATIONAL SCHOOL OF KILKIS TSILINGIRIDOU ANGELIKI / 2<sup>nd</sup> SCHOOL OF SECOND CHANCE OF KILKIS BOUROUTZAKI NIKOLETA / SELF EMPLOYED KOULIDOU XANTHIPI / 8<sup>th</sup> PRIMARY SCHOOL OF KILKIS CHATZI STAVROULA / 8<sup>th</sup> PRIMARY SCHOOL OF KILKIS IAKOVIDIS PANAGIOTIS / 8<sup>th</sup> PRIMARY SCHOOL OF KILKIS ILIADOU AIKATERINI / 8<sup>th</sup> PRIMARY SCHOOL OF KILKIS KOSMIDOU MAGDALINI / 1230PTIC.GR AMOIRIDOU ANASTASIA / EVRIDIKI HOTEL KATSANTAS THOMAS / GENERAL HOSPITAL OF KILKIS LAGKANI STAVROULA / 6<sup>th</sup> PRIMARY SCHOOL OF KILKIS TZINDALIS NIKOLAOS / 6<sup>th</sup> PRIMARY SCHOOL OF KILKIS KONSTANTINIDOU NAZI / 2<sup>nd</sup> PRIMARY SCHOOL OF KILKIS PECHLIVANIDOU VARVARA / 3<sup>rd</sup> PRIMARY SCHOOL OF KILKIS PECHLIVANIDOU MAGDALINI / EXCITING KILKIS FILIPPIDIS GEORGIOS / LOCAL AUTHORITY **GEORGIADOU NIKI / SELF EMPLOYED TSOTOULIDIS LAERTIS / REFILSTATION** MILIONIS GEORGIOS / SELF EMPLOYED POUNERIDOU ELISSAVET / SELF EMPLOYED ALMETIDOU EIRINIKI / EEEK AGIOU ATHANASIOU IOSIFIDOU TAMARA / EPOMORFOTIKI KILKIS **KATRANTZIS APOSTOLOS / SELF EMPLOYED** KARAMOUKIS GEORGIOS / SECONDARY SCHOOL OF GOUMENISSA **AVRAMIDIS IOANNIS / SELF EMPLOYED** KATRANTZI DANAI / IEK KILKIS KONSTANTOUDI CHRISTINA / REGIONAL UNIT OF KILKIS ALMETIDIS ILIAS / SELF EMPLOYED MICHAILIDIS GEORGIOS / SELF EMPLOYED KATSANTA STYLIANI / 1<sup>st</sup> PRIMARY SCHOOL OF KILKIS CHRISTOFORIDIS THEODOROS / 1<sup>st</sup> GENERAL LYCEUM OF KILKIS ROSSIOU AIKATEREINI / 2<sup>nd</sup> EXPERIMENTAL LYCEUM OF KILKIS

#### Minutes

A total of 33 participants attended the event, including teachers, psychological support staff, and parents. These participants represent a vital cross-section of the community directly involved with pre-adolescents, making them crucial stakeholders in the dissemination and implementation of the project outcomes.





The end users involved in this project are primarily educators and parents of pre-adolescents. These individuals play a critical role in shaping the environments in which young people make choices about alcohol. Their involvement is essential for the practical application of the project's findings and strategies within educational and home settings.

The event followed a structured agenda (attached) designed to engage participants and effectively disseminate information about the project:

Upon arrival, participants were greeted and registered, setting a welcoming tone and ensuring an organised start to the event.

Nikolaos Georgiadis, the project administrator, provided an insightful introduction to the Erasmus+ programme, highlighting its objectives and the specific goals of the CUT! project. This presentation served as a foundation for understanding the framework within which the project operates.

Tatiana Iliadou detailed the interactive activities conducted with schools, which included workshops and educational sessions aimed at raising awareness about the risks associated with alcohol use among pre-adolescents.

An overview of the project's website and supportive material was provided, showcasing a hub of resources available for educators and parents. This included downloadable content, interactive tools, and educational videos, all designed to facilitate the engagement of pre-adolescents in meaningful discussions about alcohol abuse prevention.

Nikolaos Georgiadis and Ioannis Graikos shared the significant findings and outcomes of the project. They highlighted the positive feedback from initial implementations in schools and the measurable impact on students' attitudes towards alcohol.

The interactive discussion session allowed participants to engage directly with the presenters, asking questions and sharing their insights on the implementation of the project's strategies. The discussion was robust, with participants proposing ideas for enhancing project reach and effectiveness and sharing personal experiences from their educational and home environments.

At the conclusion of the event, as part of the dissemination activities, End Users' Evaluation Questionnaires for Intellectual Outputs were collected. These questionnaires are critical for assessing the effectiveness of the project's intellectual outputs and gathering direct feedback from the participants. The data collected will be used to refine and improve future project phases and outputs.

Participants provided feedback on the event's structure, content, and overall delivery. This feedback is invaluable for planning future events and ensuring they are tailored to meet the needs of the community effectively.

The discussion and feedback session led to several valuable conclusions:

- **Recognition of the importance of early intervention:** There was a consensus on the necessity of addressing alcohol prevention in pre-adolescence to lay a foundation for healthier future behaviours.
- Community involvement: Participants emphasised the need for ongoing community engagement and the creation of supportive networks to reinforce the prevention strategies at home and in schools.
- **Resource utilisation:** The importance of accessible educational materials, such as those provided on the project's website, was highlighted as a key component for sustained impact.

The event concluded with a strong affirmation of the project's relevance and the commitment of the attendees to apply the insights and tools provided in their respective environments to help prevent alcohol abuse among preadolescents.





#### Annexes

- Programme
- List of signatures
- Materials distributed
- Pictures



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