

### In collaborazione con





Distretti 2041-2042

Distretto 108 lb4

# Presentazione Progetto

CUT

Preventing alcohol abuse among pre-adolescents



"Y4YES" - Youngs for Youngs Enjoing Sports

Sporting Barona - Via San Paolino 9 – Milano Domenica 14 aprile 2023 – Ore 18,00

Blue Diamond – Viale Famagosta 75 – Milano Domenica 14 aprile 2023 – Ore 20,30

# PROGRAMMA E RELAZIONE

Franco Crippa – Presidente AIDD



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# PROGRAMME

17:45	Guests Registration	
17:55	Introduction	Franco Crippa (AIDD)
18:00	Football Match	
20:00	Award Ceremony	
20:30	"CUT " Project Presentation	Franco Crippa (AIDD)
21:00	PR1: Video projections	Anna Muntoni (AIDD)
21:15	PR2: Guide presentation	Franco Crippa (AIDD)
21:30	Policy Recommendations presentation	Franco Crippa (AIDD)
21:45	Guest intervention and round table	
22:30	Conclusions	



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#### "Y4YES" - Youngs for Youngs Enjoing Sports

## REPORT

The "Y4YES" project is promoted by the Rotary Club and Lions Club with the main purpose of creating moments and spaces of aggregation, integration and social inclusion aimed at young people as activities to counter possible phenomena of youth discomfort, such as alcohol abuse

The main objective of the Project "Y4YES" is to realise sports events during which AIDD and the various participating clubs involve young people as actors and users in sports tournaments in order to promote an active and healthy lifestyle, as well as to create a moment of aggregation and fun.

Another objective, in addition to organising and managing sports events, is to promote educational initiatives and activities to counter youth discomfort and promote the psychological well-being of young people. From a scientific point of view, sport plays a fundamental role in promoting people's health and well-being.

The presentation illustrated the characteristics of the project, the participating partners, how the project was conceived, organised and implemented, placing particular emphasis on the exchange of experiences both among the students of the institutions involved and among the various partners.

After the presentation, some of the participants asked questions about the experience of the students and parents involved and the expected and achieved results.

At the end of the evening, the possibility was raised of spreading the project throughout the Milan area through sports events.